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**Proposed Claims**

**Claim [23](New):** A method that promotes healthy morbidity free hands including an apparatus consisting of:

a base that provides ease of handling;

a pushrod having sufficient dimensions for inverting glove appendages without hindrance or interference, wherein said base has an opening for fitting and stabilizing said pushrod, said pushrod having one end configured to fit into said base, the other end configured to engage the tip of a glove appendage, whereby inverting a glove as much as possible in the process of taking said glove off, using the finger inside the glove appendage to engage and maintain continuous contact with the exposed configured end of said pushrod, wherein engaging said tip of said glove appendage and providing continuous engagement thereof, peeling said glove appendage inversely over said pushrod is achieved, thus accomplishing complete inversion of said glove appendage.

**Claim [24](New):** According to the apparatus of claim 23, wherein said base is of a size that is easy to use and has an opening to fit and stabilize said pushrod, further wherein said base is of a size and shape that fits comfortably in a hand.

**Claim [25](New):** According to the apparatus of claim 23, wherein one end of said pushrod is configured to fit in said opening in said base, the other end configured to engage said tip of said glove appendage, the latter end having a concave shape, said concave end is of a size that provides a means to insure continuous engagement of said tip of said glove appendage, further wherein said pushrod is defined by a length measured between the two ends and sufficient to provide a means to peel said glove appendage inversely over said pushrod without hindrance or interference.

**Claim [26](New):** According to the apparatus of claim 23, wherein said base and said pushrod are lightweight and compact, thus providing ease of portability.